



2024 CANTERBURY SECONDARY SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

DATE OF EVENT: Thursday 6th June

VENUE: Ascot Park, Ascot Ave, off Bower Ave.

TIME: First race starts at 12.40pm [note new start time for all Para grades]
Managers are asked to pick up race packs by 12.00pm from the caravan.

ENTRY: All entries will be done online via EnterNOW[www.enternow.co.nz] received by **Friday 31 May at 5.00pm**. Students must be under the age of 19 years as at 31st December 2024 and fulfil the eligibility criteria for competition in secondary school sport as defined by the NZSSS Council. Students in Years 7 & 8 are not eligible to participate. This event is run per IAAF rules and athletes are prohibited from taking electronic devices (iPod & MP3 Players) into the competition arena.

Entries will be accepted from schools which are not partner schools of School Sport Canterbury, the Regional Sports Director's Office, but these entries will not be eligible to win trophies or other awards or be recognised in the final rankings of this Canterbury Secondary Schools event.

EVENTS: Individuals in each grade
Teams in each grade (4 to count for team score)

GRADE INFORMATION:

<u>EVENT</u>	<u>AGE LIMIT</u>	<u>DISTANCE</u>	<u>START TIME</u> (approx)
Para - All Grades	Under 21	1 km	12.40pm
Para – All Grades	Under 21	2km	1.00pm
Year 9 Boys	-	3 km	1.30pm
Year 9 Girls	-	3 km	1.31pm
Junior Boys	Under 16	3 km	1.55pm
Junior Girls	Under 16	3 km	1.56pm
Senior Boys	Under 19	4 km	2.15pm
Senior Girls	Under 19	3 km	2.16pm

Please note: Ages as at 31st December 2024

ENTRY FEE: \$4.00 [+gst] per competitor will be charged to the school account.

HEALTH & SAFETY

Schools are responsible for the health and safety of their students in transit to and from and at the venue. Comply with the venue evacuation & risk management plans.

Covid-19 all Schools must adhere to the Alert Level requirements in place at each venue used. These may include; Specific hygiene requirements, Contact Tracing, Social Distancing and possibly gathering size.

For further details please refer to the SSC Covid-19 and Risk Management plans, available on the documents page of the SSC Website.

OFFICIALS REQUIRED:

Team Manager (to supervise competitors)

Course Official (to assist at start/finish: to act as course marshall)

Note: the team manager should be a staff member; the course official could be an adult or senior student.

