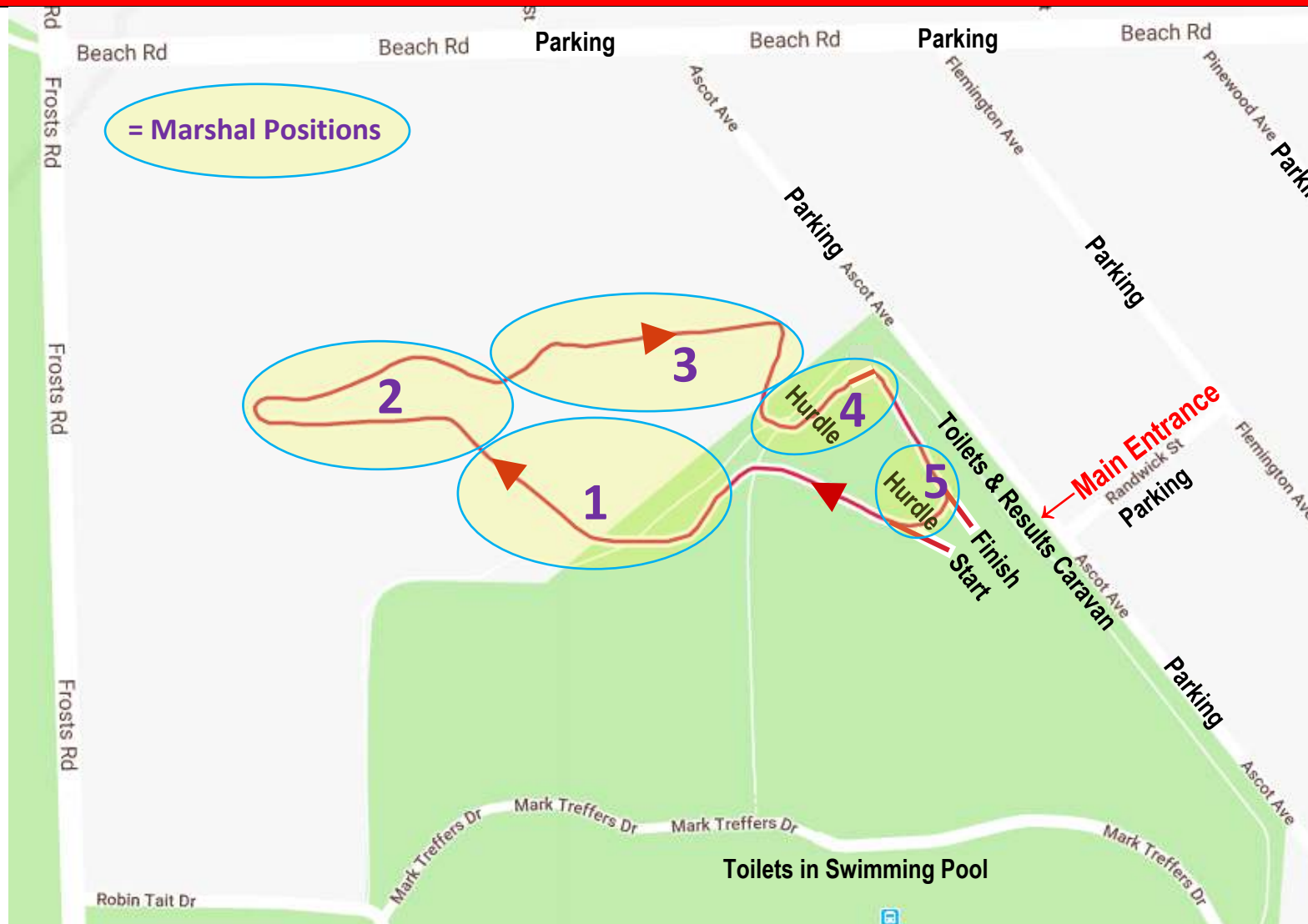


Canterbury Secondary Schools Cross Country Championships Course Ascot Golf Course, QE2 Park



Please park in
the Pool
Carpark or on
the road.

Please do not
park across
residents
driveways or you
will be towed

Each lap is 1k
1km = 1 lap
2km = 2 laps
3km = 3 laps
4km = 4 laps

Athletes may run
around the far end of
both hurdles