

SOUTH ISLAND SECONDARY SCHOOLS ATHLETICS CHAMPIONSHIPS 2021

PRELIMINARY INFORMATION REVISED

Date: Friday 9th (pm only) and Saturday 10th April 2021 (No events Sunday)

Venue: Nga Puna Wai Sports Hub, Halswell, Christchurch

Time: Friday 3pm – 6pm; Saturday 9am – 6pm.

Entry: Entries will be received online from 9am Monday 15th March through until 10am Monday 29 March Aoraki, Canterbury, West Coast and Tasman entries must be entered by regional selectors only. Otago and Southland entries will be received from individual schools.

Scratchings: Any scratchings made after on-line entries close, should be:

- emailed to bill.grogan@canterbury.schoolsport.org.nz before 1pm on Wednesday 7 April
or
- handed in NPW before 1.30pm Friday 10 April.

NOTE: SCRATCHINGS MADE AFTER 1pm WEDNESDAY 7 APRIL MUST BE SCRATCHINGS FROM ALL EVENTS, individual event scratchings are not permitted at this stage.

Cost: There will be an entry fee of \$10 per athlete to be invoiced to your school following the meet. Athletes who withdraw from the meet without following scratching protocols will also pay the entry fee. There will be NO gate charge on either day for this event.

Athlete entry an individual athlete may enter into **up to 4 events**. This can be made up of **Either** up to 4 individual events **or** 3 Individual events plus a 4x100m Relay.
(4x400m relays are excluded from this entry restriction)

Managers meeting:

This has been scheduled for 1pm Friday 9th March in the Sports Hub at Nga Puna Wai
The AGM of the South Island Athletics Teachers Association will be held at the same venue at 6pm on Friday 9th April (or as soon after the final event on Friday as possible)

Accommodation:

We recommend booking early to avoid disappointment. A range of accommodation options are available at <https://www.christchurchnz.org.nz/>

Programmes:

A copy of the new order of events has been prepared. This will be forwarded to schools and posted on the SSC and SSNZ website as soon as possible.

A named programme will be published on Wednesday 7 April.

A copy of the printed programme will be available to schools at the managers meeting and available for download from the SSC website from Thursday 8th April.

Specifications:

A (revised) copy of the specifications, implement weights etc. is included with this document. A copy is also available on the School Sport Canterbury website

PARA Athletes:

Grades, Categories and Classification - There will be two age grades Under 16 and Under 22, and two divisions, Intellectually Impaired Athletes, and Physically and/or Visually Impaired Athletes. **All entrants must apply for a Provisional Classification from Paralympics NZ to be eligible to compete.** If you already have a Paralympics Provisional or Full Classification you do not need to re-apply. Physically and/or Visually Impaired athletes consist of 5 classification groups: Visually impaired, Short Stature, Cerebral Palsy, Amputees /Others, and Wheelchair user. All will compete together with results being calculated as a percentage of the world record for their Paralympic classifications. Visit the [PARALYMPICS NZ](http://www.paralympicsnz.org.nz) website for further information on the **Provisional Classification forms**. These forms can be downloaded, filled out and **must reach Paralympics N.Z. before the deadline of Friday 12th March.**

School marquees:

Schools are invited to bring a marquee to put up on the grass bank. Erecting of Marquees is not permitted until after 1pm on Friday 9th April. Note: Marquees left overnight are at your own risk. Nga Puna Wai is exposed to the wind, so any marquees, tents, or similar shelters, must be robust and securely pegged.

Health & safety

A Health and Safety Action plan, together with a Risk Management plan has been up-dated to reflect the date changes and is available on the SSC and SSNZ websites.

All team managers to have a first aid kit for minor injuries. St. John personnel will be in attendance throughout the event. Physiotherapy services will be available on site throughout the meeting on a subsidised user-pays basis.

Revised Organisational Timeline:

Monday 15 March	Online entries OPEN
Monday 22 March	Up-dated Preliminary information distributed to schools
Monday 22 March	Call for remits to AGM
Monday 29 March	Online entries close
Friday 26 March	Remits for AGM close
Friday 9 April	Nga Puna Wai Track open from 1.00pm Managers meeting 1.00pm noon Nga Puna Wai Sports Hub Managers' packs distributed. Late scratchings notified Championships commence 3.00pm AGM of SI Athletics Teachers Association, 6pm (approx.)
Saturday 10 April	Day 2 Championships commence at 9:00am

For enquiries please contact:

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web: <https://www.canterbury.schoolsport.org.nz/>

Information for Competitors SISSAC Equipment Specifications 2021

These specifications have been up-dated to include decisions made at the 2011, 2012, 2013, 2014, 2015, 2016 and 2017 AGMs.

(pole vault standards were added following the 2017 AGM & progression into track finals has changed following a remit).

Age groupings for both Boys & Girls are taken as at 1st January in the year of competition.

The Age groupings for Para Athletes at Under 16 and Under 21 taken from 31 December 2021

Hurdles

AGE GROUP	DIST	FL'TS	TO 1st HURDLE	SPACINGS	HEIGHT	TO FINISH LINE
U19 Boys	110m	10	13.72	9.14m	914mm	14.02
U16 Boys	100m	10	13.00	8.50	840mm	10.50
U15 Boys	80m	8	12.00	8.00	840mm	12.00
U14 Boys	80m	8	12.00	8.00	762mm	12.00
Jnr & Snr Boys	300m	7	50.00	35m	840mm	40m
U19 Girls	100m	10	13.00	8.50	762mm	10.50
U16 Girls	80m	8	12.00	8.00	762mm	12.00
U15 Girls	80m	8	12.00	8.00	762mm	12.00
U14 Girls	80m	8	12.00	8.00	762mm	12.00
Jnr & Snr Girls	300m	7	50.00	35m	762mm	40m

Steeple Chase

Open Boys 2,000m, hurdle height 838mm

Open Girls 2,000m, hurdle height 762mm.

Field Event Implements

AGE GROUP	HAMMER	SHOT	DISCUS	JAVELIN	HIGH JUMP	POLE VAULT	
					Starting Height	Standard	Starting Height
U19 Boys	5.00kg	5.00kg	1.5kg	700g	1.55m	3.10m	2.80m
U16 Boys	5.00kg	5.00kg	1.25kg	700g	1.50m	2.50m	2.05m
U15 Boys	4.00kg	5.00kg	1.25kg	700g	1.40m		
U14 Boys	4.00kg	4.00kg	1.00kg	600g	1.30m		
U19 Girls	3.00kg	3.00kg	1.00kg	500g	1.30m	2.65m	2.05m
U16 Girls	3.00kg	3.00kg	1.00kg	500g	1.25m	2.35m	1.90m
U15 Girls	3.00kg	3.00kg	1.00kg	500g	1.20m		
U14 Girls	3.00kg	3.00kg	1.00kg	500g	1.15m		

Personal Implements: we prefer athletes to use the implements supplied by the organisers. However, if an athlete wishes to use a personal implement it MUST be handed in to the equipment room for checking by 1pm Friday for Friday events, and 5pm Friday for Saturday events. The implement (if compliant) will be added to the pool of implements available for use by any of the competitors.

No implements will be provided for practice.

Pole Vault: Competitors MUST bring their own poles – none will be provided by the organisers. Height adjustments will be 15cm.

Relays

4x 400m Relays contested in 4 grades U16 Boys, U19 Boys, U16 Girls, U19 Girls

Under 14, Under 15 & U16 Boys & Girls are eligible to compete in either U16 or U19 4x400m

Relays (not both)

PARA ATHLETICS IMPLEMENT WEIGHTS for SISSAC 2021

Senior Boys & Girls – Field [Age: 16 years and Over as at 31 December in the year of competition]

IMPAIRMENT GROUP	CLASSIFICATION	BOYS			GIRLS		
		DISCUS	JAVELIN	SHOTPUT	DISCUS	JAVELIN	SHOTPUT
Visual Impairment	F11-13	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
Intellectual Impairment	F20	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
Physical Impairment							
<i>Cerebral Palsy</i>	F35-36	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F37	1.00kg	600g	5.00kg	1.00kg	500g	3.00kg
	F38	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
<i>Short Stature</i>	F40-41	1.00kg	600g	4.00kg	750g	400g	3.00kg
<i>Amputee & Others</i>	F42-47	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
<i>Seated</i>	F33	1.00kg	600g	3.00kg	1.00kg	500g	3.00kg
	F34	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F52	1.00kg	600g	2.00kg	1.00kg	500g	2.00kg
	F53	1.00kg	600g	3.00kg	1.00kg	500g	3.00kg
	F54-56	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F57	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F58	1.00kg	600g	5.00kg	1.00kg	500g	3.00kg
	F 61-64						

Junior Boys & Girls – Field [Age: Under 16 as at 31 December in the year of competition]

IMPAIRMENT GROUP	CLASSIFICATION	BOYS			GIRLS		
		DISCUS	JAVELIN	SHOTPUT	DISCUS	JAVELIN	SHOTPUT
Visual Impairment	F11-13	1.00kg	700g	4.00kg	1.00kg	500g	3.00kg
Intellectual Impairment	F20	1.00kg	700g	4.00kg	1.00kg	500g	3.00kg
Physical Impairment							
<i>Cerebral Palsy</i>	F35-36	750g	500g	3.00kg	750g	500g	2.00kg
	F37	750g	500g	3.00kg	750g	500g	2.00kg
	F38	750g	600g	3.00kg	750g	500g	2.00kg
<i>Short Stature</i>	F40-41	1.00kg	400g	3.00kg	750g	400g	2.00kg
<i>Amputee & Others</i>	F42-47	1.00kg	600g	4.00kg	1.00kg	400g	3.00kg
<i>Seated</i>	F33	750g	500g	2.00kg	750g	500g	2.00kg
	F34	750g	500g	3.00kg	750g	500g	2.00kg
	F52	750g	400g	2.00kg	750g	400g	2.00kg
	F53	750g	400g	2.00kg	750g	400g	2.00kg
	F54-56	750g	400g	2.00kg	750g	400g	2.00kg
	F57	1.00kg	500g	2.00kg	750g	400g	2.00kg
	F58	1.00kg	500g	3.00kg	750g	400g	3.00kg

N.B. Weights are different from WPA weights to align with NZ Secondary School weights. **Also to be noted that a metre board/mat is NOT used for Long Jump.**

Events available for Para Athletes	Track	Field	Reminder:
Para Athletes may enter a maximum of four of these events.	100m	Discus	Para Athletes must have a Provisional or National Classification to compete in the SISSAC.
	200m	Javelin	
	400m	Long Jump	
		Shot Put	

Students can be assessed and a provisional classification can be allocated to you simply by completing the relevant forms primary to your disability. Forms can be downloaded on www.paralympics.org.nz or the NZSSAC web site <http://nzssaa.org.nz/>. Please ensure that these forms are submitted to Paralympics New Zealand on time.

Entry Allocations and Progressions

300 HDLS, 4 X 400	ALL OTHER EVENTS	ENTRY INTO TRACK FINALS (up to 400m incl.)	
Aoraki 1	Aoraki 3	8 competitors	Straight into finals
Canterbury /West Coast 3	Canterbury/West Coast 5	9 – 16 competitors	The 8 fastest times progress from heats to finals in the 100m, 200m, 400m, Sprint hurdles and 4x100m relays.
Otago 1	Otago 3		
Southland 1	Southland 3		
Tasman 1	Tasman 2		
Host Region 1		If a round is cancelled, the final will be held at FINALS time.	
Max: 8 competitors	Max: 16 competitors	FIELD Events: all get three attempts, top 8 get 3 more.	