

INFORMATION TO COMPETITORS – SPECIFICATIONS 2021

INFORMATION FOR COMPETITORS

GENERAL

1. Competitors must report five minutes before the event starts.
2. Track events take precedence over field events.

FIELD EVENT IMPLEMENTS

| <u>AGE GROUP</u> | <u>SHOT</u> | <u>DISCUS</u> | <u>JAVELIN</u> | <u>HIGH JUMP</u> (starting heights) |
|-------------------------|--------------------|----------------------|-----------------------|---|
| U19 BOYS | 5.00kg | 1.5 kg | 700g | 1.40m |
| U16 BOYS | 5.00kg | 1.25kg | 700g | 1.30m |
| U15 BOYS | 5.00kg | 1.25kg | 700g | 1.25m |
| U14 BOYS | 4.00kg | 1.00kg | 600g | 1.20m |
| U19 GIRLS | 3.00kg | 1.00kg | 500g | 1.15m |
| U16 GIRLS | 3.00kg | 1.00kg | 500g | 1.10m |
| U15 GIRLS | 3.00kg | 1.00kg | 500g | 1.05m |
| U14 GIRLS | 3.00kg | 1.00kg | 500g | 1.00m |

AGE GROUPINGS FOR BOTH BOYS AND GIRLS: ON 1 JANUARY 2021

| | |
|------|--------------------------|
| U19 | 16 and over and Under 19 |
| U16 | Under 16 |
| U15 | Under 15 |
| U 14 | Under 14 |

NOTE: The maximum age will be Under 19 on 1 January 2021