



Aoraki Dragon Boat Association Incorporated
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Canterbury Secondary Schools Dragon Boat Championships 2020

PRELIMINARY NOTICE OF EVENT

Sunday 8th March 2020

Lake Rua, Sawyers Arms Road, Christchurch

Eligibility

All paddlers and the drummer/caller must be under 19 on the 1st January 2020. Participation in this event is open to any student who attends a secondary school which holds a current affiliation with Aoraki Dragon Boat Association. (Affiliation is covered in entry fee). All paddlers and the drummer/caller must be full-time students at the same secondary school. Competitors must be able to swim 50 metres.

Divisions

There will be 3 divisions – Boys/Open, Girls and Mixed.
A minimum of 2 teams are required for a division.

Team Composition

Each team will have a minimum of 8 paddlers (10 paddlers recommended) plus a caller. A qualified sweep/coach is provided by Aoraki Dragon Boat Association.
Maximum of 12 paddlers per team (2 paddler reserves).
Mixed crews must have a minimum of 4 female and male paddlers.
If a school is entering multiple teams each team must meet the criteria for team composition as teams from the same school may well be racing in the same heats.
Schools entering more than one team in the competition will be permitted to train together as one team in a 20 paddler boat and split down to into two teams on race day in 10 paddler boats

Race Distances

All teams will race both 250 metres and 500 metre turns.

Training

Training commences week starting 3 February for five weeks.

The NZSS Dragon Boat Championships will be held at Lake Karapiro, Cambridge on Friday 27th & Saturday 28th March 2020. Any team wanting to qualify for Nationals, must participate in both the Canterbury Schools Championships on 8 March & the South Island Championships on 14 March 2020.