



SECONDARY SCHOOL SPORT

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Girls' High successes

Christchurch Girls' High School has won the school and individual top athlete awards in a regional aerobics event.

The successes came in the regional finals of the New Zealand Competitive Aerobics Federation's intermediate and secondary schools aerobics and dance competition 2008.

Girls' High again won the Jean Shalders Cup for most points in the regionals, held at the Christchurch Girls' High School auditorium on July 26.

Christchurch Girls' High student Emma Thomas took out the top athlete award.

The school squad has almost doubled in size this year after 12 students qualified for the 2007 nationals.

Some 37 Girls' High students entered the regionals this year, of whom 22 qualified for the nationals to be held in Wellington on September 20.

The event was organised by Sue Twomey.

Christchurch Girls' physical education teacher Linda O'Neill said: "The students who attended last year's nationals are invaluable to the aerobics programme.

"As is the case with other sports at this school, they are involved heavily in the coaching of other students."

Girls' High was also "very fortunate" to have the services of for-



WINNING SMILES: Aerobics duo Emma Thomas, left, and Alice Wisker (Christchurch Girls' High School) made their mark at the New Zealand Competitive Aerobics Federation regional finals at Christchurch Girls' High auditorium. Thomas took out the top athlete award.

mer students in the aerobics programme - Laura Campbell (music), Rebecca Thomas (coach), Stacey Williams (coach), and Megan Gattley (technical).

Results

Intermediate teams:

1 Kerstin Snoep, Megan Robinson (James Hargest High); 2 Samantha Thomas, Tania Molina, Abby McKean (Summer School). Intermediate Individual: 1 Tessa Jenkins (Selwyn House).

Secondary Novices:

1 Nardene Shatford, Chantelle Shatford (Marian College); 2 Laura Braid, Olivia Lee

(Christchurch Girls' High School) 3 Livie-Kate, Kristie (St Margaret's College)

Secondary Open Novice

1 Bridget Williams, Hannah Williams (CGHS); 2 Sarah Faithfull, Jess Fisher-Robertson (Papanui High); 3 Ruby Hunt, Sarah-Jane Stringer (Burnside).

Secondary Open

1 Rachel Grant, Samantha Grant (CGHS); 2 Jackie Williams, Josje Leyten (CGHS).

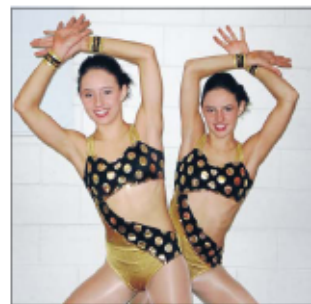
Secondary Premier

1 Emma Thomas, Alice Wisker (CGHS); 2 Annie, Tracey (Marian College).

INDIVIDUALS

Junior Secondary Novice

1 Abbey Evison (CGHS); 2 Charlotte Cor-



VICTORY POSE: Rachel Grant and Samantha Grant (CGHS) won kudos in the NZCAF regional finals.

ston (CGHS); 3 Jess Herring (CGHS);

3 Jessica Hollever (Craighead).

Junior Secondary Open Novice

1 Brydie Boyes (Marian College); 2 Abby Wilson (Papanui High); 3 Ruby Hunt (Burnside).

Junior Secondary Open

1 Jemma Turner (Rangi Ruru); 2 Harriet Wisker (CGHS).

Senior Secondary Novice

1 Nicole Franklin (CGHS).

Senior Secondary Open Novice

1 Sharvelle Poissonnier (Hagley High); 2 Courtney Joe (Rangi Ruru); 3 Laura Wells (Burnside).

Senior Secondary Open

1 Hannah Cain (CGHS); 2 Josje Leyten (CGHS); 3 Eve Penny (Rangi Ruru).

Senior Secondary Open Male

1 Michael Gudgeon (Papanui High).

Senior Secondary Premier

1 Emma Thomas (CGHS); 2 Sophie Kilkenny-Brown (Marian).

NZCAF regionals awards

Top competitor: Emma Thomas (Christchurch Girls' High School).

Top School: Christchurch Girls' High School.